

LUNEDI				MARTEDI				MERCOLEDI				GIOVEDI				VENERDI				SAB				
SALA STREET	SALA AEREA	SALA POLE	SALA YOGA	SALA STREET	SALA AEREA	SALA POLE	SALA YOGA	SALA STREET	SALA AEREA	SALA POLE	SALA YOGA	SALA STREET	SALA AEREA	SALA POLE	SALA YOGA	SALA STREET	SALA AEREA	SALA POLE	SALA YOGA	SALA STREET	SALA AEREA	SALA POLE		
			7:00-8:00 YOGA HATHA Maria	9:30-10:30 Danza Contemporanea Over 60 Ilaria		9:30 Pole Dance Liv. 1 Liuda					7:00-8:00 YOGA HATHA Maria							9:30 Pole Dance Liv. 1 Liuda	9:00 ANTI-GRAVITY Liv. 1 Erika	9:30 YOGA Maria				
				10:30-12:00 Danza Contemporanea Ilaria		13:00 POLE DANCE Liv. 2 Liuda	13:15 ANTI GRAVITY @ Liv. 1 Erika							13:00 POLE DANCE Liv. 1/2 Liuda					13:00 YOGA Vinyasa Maria	10:00-10:45 Danza Mini Illenia		10:30 Flexy Liuda		
						15:15 Pole Agonismo Liuda								15:15 Pole Agonismo Liuda						11:00 YOGA AFFITTO SALA DANCE NAILE'		11:30 Exotic Liuda		
	16:00 AEREA Young 3 Laura													16:00 AEREA Young 3 Laura										
17:00 Hip Hop Teen 1 Liuda	17:00 AEREA KIDS 2 Laura			17:00-18:30 BREAK DANCE Liv. 2 Beppe	17:00 AEREA KIDS 1 Francesca		16:45 HIP HOP KIDS Liuda/ Silvia	17:00 BREAK DANCE Kids Beppe				16:45 HIP HOP KIDS ERIKA/ SILVIA?	17:00 AEREA KIDS 2 Laura	16:45 POLE YOUNG Liv. 2 Liuda		16:45 BREAK DANCE Kids Beppe	16:30-17:15 AEREA MINI Laura		16:30 YOGA (Riequilibrio dei Chakra) Maria		WORKSHOP STREET DANCE calendario			
18:00-19:30 Elysium Liuda	18:00 AEREA Teen 2 Laura	17:30 POLE YOUNG Liv. 1 Eloise	18:00 ACRO DANCE FLOOR Silvia	18:00 AEREA TEEN 1 Francesca	17:45 POLE YOUNG Liv. 3 Liuda	18:00 HIP HOP TEEN 1/2 TECNICA E FREESTYLE E MOMO	17:30 POLE YOUNG Liv. 1 Eloise	18:00 YOGA HATHA E Riequilibrio dei Chakra Maria	18:00 HIP HOP Elysium Giorgia	18:00 AEREA Teen 2 Laura	17:45 POLE YOUNG Liv. 3 Liuda	18:00 Mirella Tess Ipo pressiva	17:45-19:15 BREAK DANCE Liv. 2 Beppe	17:30 AEREA Kids 1 Laura	17:30 YOGA VINYASA Maria									
19:30 Heels Liuda	19:00-20:30 AERIAL DANCE Tessuti Liv. 2 Laura	18:30 POLE DANCE Liv. 1 Eloise	19:00 ANTIGRAVITY 3 Silvia	18:45 SHAOLIN Liv. 1 (45 Min) Gianfranco	19:00-20:30 AEREA 1 CERCHIO Francesca	18:45 POLE DANCE Liv. 2/3 Liuda	18:30 ANTI-GRAVITY Liv. 2 Erika	19:00 AFRO MOMO	18:20 Bungee Fly Giada	18:30 POLE DANCE Liv. 1 Eloise	19:00 YOGA Vinyasa Maria	19:00 SHAOLIN Liv. 1 (45 Min) Gianfranco	19:00-20:30 AERIAL DANCE Tessuti Liv. 1/2 Laura	18:45 POLE DANCE Liv. 2/3 Liuda	18:30 ANTI-GRAVITY Liv. 1 Erika	18:30 AEREA TEEN 1 Laura	18:30 POLE Liv. 1 Eloise							
		19:30 POLE DANCE Liv. 2 Eloise	20:00 ANTIGRAVITY 1 Silvia	19:30 TAI CHI open (45 Min) Gianfranco	19:45 POLE DANCE LIV. AVANZATO Liuda	19:30 ANTI-GRAVITY Liv. 1 Erika	20:00 HIP HOP Adulti Momo	19:30 Bungee Fly Giada	19:30 POLE DANCE Liv. 2 Eloise	20:10 Burlesque Liv. 2 Silvia Pocket	19:45 TAI CHI open (45 Min) Gianfranco	19:45 POLE DANCE LIV. AVANZATO Liuda	19:30 ANTI-GRAVITY Liv. 2 Erika	19:30-21:00 Open Class con Federico 2° e 4° venerdì del mese										
20:30 Hip Hop adulti Liuda	20:30-22:00 AEREA 1 Laura	20:30 POLE DANCE 1 Eloise		20:15-20:45 SHAOLIN Liv. 2 (30 Min) Gianfranco	20:30-22:00 AEREA 2 / 3 CERCHIO Francesca	20:45 POLE DANCE Liv. 1 Liuda		20:45 Bachata Damiano e Jessica		21:45 Salsa Damiano e Jessica	20:30-21:15 SHAOLIN Liv. 2 (45 Min) Gianfranco	20:30-22:00 AEREA 3 Alice	20:45 POLE DANCE Liv. 1 Liuda											

AFFITTO SPAZI FESTE COMPLE ANNO

EVENTI SERALI RM HOUSE

